

# EXPERIENCE<sup>®</sup> SERIES 810 Line





BASIC ESSENTIALS The 810 Line provides all the essential features with a premium feel.

# AMT<sup>®</sup>813 Adaptive Motion Trainer<sup>®</sup>

Like every piece of equipment in our Experience Series 810 Line, the AMT<sup>®</sup> 813 combines essential reliability and ease-of-use with a natural, low-impact stride to add value to your facility. The 810 Line is our most affordable and whether on its own or alongside the rest of the Experience Series cardio equipment, the 810 Line offers the essential features with a premium feel.

At Precor, we recognize that a great workout is the sum of many parts. In your hands, the products, services and technologies we offer can be combined in countless ways to complement the programs, and atmosphere you're creating.



# **AMT<sup>®</sup> 813** Adaptive Motion Trainer®







P10 Console





P10 Console with optional 15" Personal Viewing System

The innovative and premium design of the Adaptive Motion Trainer® (AMT®) 813 now has a longer stride length to provide exercisers of all fitness levels with a wider range of motions during workouts. The AMT 813 intuitively responds to users' natural motion, allowing them to adapt their stride length for a comprehensive cardio workout - all without so much as the push of a button.

## **PRODUCT HIGHLIGHTS**

#### Console

Created to complement the entire Experience Series<sup>™</sup> line, the P10 console features easy to use membrane switch motion controls and a LED-based console that focuses on the essential fitness stats that keep users moving.

#### **Handelebars Fit Everyone**

Three distinct positions on the moving handlebars provide a comfortable fit for nearly every user. The Rodeo grip has a heart rate sensor built-in that provides monitoring and a stable, comfortable position when focusing on the lower body.

#### **Total Body Workout in One Piece of Equipment**

Users can go from short stride to long stride, walking to running, stepping to climbing, allowing them to target different muscle groups. Pushing and pulling the moving handlebars will engage the upper body, resulting in a total body workout.

#### **Adaptive Motion**

Naturally adapt stride length - without the need to push a button - from zero to 36 in (91 cm), to match the desired workout for each unique user.

## **PRODUCT SPECIFICATIONS**

Product Height with PVS: 81 in / 208 cm

Dimensions (L x W x H): 80 x 35 x 69 in / 203 x 89 x 175 cm Weight: 412 lbs / 187 kg Power: Self-powered

Total Workouts: 6 Resistance Levels: 1-20 Adjustable Stride Length: Language Selection:

0 - 36 in / 0 - 91 cm English, Dutch, French, German, Italian, Portuguese, Romanized Russian, and Spanish

**Entertainment:** Optional - 15" Personal Viewing System (PVS) Optional - Wireless entertainment cap Optional - Personal Entertainment Player (PEP)

Accessories: Accessories holder Reading rack **Optional** - Cable management

Warranty: Visit www.precor.com for warranty terms

